

#### PA "ASSOCIATION OF PSYCHOTHERAPISTS AND PSYCHOANALYSTS OF UKRAINE"

#### INTERNATIONAL ONLINE CONFERENCE



# «THOUGHTS AND DREAMS»

Psychology and psychopathology of wartime. Modern challenges to the professional training and practice of psychotherapists

Ukraine, Kyiv 23 – 25 February 2024

#### **Dear Colleagues!**

On February 24, 2022, at five o'clock in the morning, the rf brutally invaded independent Ukraine, expecting to achieve a guaranteed victory in a matter of days. Two years later, Ukraine not only remains undefeated, but also confidently suppresses the invaders, liberating the captured lands.

During these two years, war has become our everyday life. This long way, with its innumerable losses and disasters, through the cold and darkness of a new, terrible winter, under the wail of sirens and the roar of explosions, we must go in order to win our freedom and help all those who have despaired and cannot cope with the psychological trauma they have suffered.

We believe that a space of open dialogue, capable of including a diversity of opinions and containing the weight of unbearable emotions, opens access to hidden resources and a new, deeper experience of community. The difficult years of the war reinforced this belief with direct practical experience.

Creating such a space is the main task of the International Online Conference "Thoughts and Dreams". We invite Ukrainian psychologists, psychiatrists and psychotherapists, as well as our Western colleagues and friends to participate in this event.

The war affected all of us – both military and civilian, those who are on the front lines and those who remain in the rear, those who found refuge in Western countries and those who live in the West providing Ukrainians with comprehensive assistance in our struggle. This international conference will provide an opportunity to exchange and reflect on the life and work experience gained during the war. But we also want to try and look into the post-war future. What will peace be like after the war? What will be the place of Ukraine and Ukrainians in the Europe of tomorrow? What will be the tasks and challenges of psychotherapy in the world in which we find ourselves?

#### We believe in Victory and Peace throughout the globe!

President of the PA "APPU", MD, professor, honored doctor of Ukraine, Academician of Education of Ukraine

Stanislav TABACHNIKOV

# **CONFERENCE ORGINIZER**

### PA "Association of Psychotherapists and Psychoanalysts of Ukraine" (PA "APPU")

Ukraine, Kyiv, Oleksandra Konyskyi str. 11, office 1.1. Website: <u>https://appu.in.ua/</u> E-mail: appu.ua.contact@gmail.com tabachnikov1940@ukr.net

## IN COOPERATION WITH

- EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY (EFPP),
- EUROPEAN GROUP ANALYTIC TRAINING INSTITUTIONS NETWORK (EGATIN),
- COMMITTEE ON PSYCHOANALYTIC ASSISTANCE IN CRISES AND EMERGENCIES OF INTERNATIONAL PSYCHOANALYTIC ASSOCIATION (IPA PACE),
- BERLIN INSTITUTE FOR GROUP ANALYSIS (BIG),
- PA "NATIONAL ACADEMY OF SCIENCES FOR HIGHER EDUCATION OF UKRAINE" (PA "NAS FOR HE OF UKRAINE"),
- PA "INTERNATIONAL ACADEMY OF EDUCATION AND SCIENCE" (PA "IAES"),
- DEPARTMENT OF MEDICAL PSYCHOLOGY,

PSYCHOSOMATIC MEDICINE AND PSYCHOTHERAPY OF NATIONAL MEDICAL UNIVERSITY NAMED AFTER O.O. BOGOMOLETS,

- DEPARTMENT OF PSYCHIATRY, NARCOLOGY, MEDICAL PSYCHOLOGY AND SOCIAL WORK OF KHARKIV NATIONAL MEDICAL UNIVERSITY,
- KYIV MEDICAL UNIVERSITY,
- PA "UKRAINIAN ASSOCIATION FOR PSYCHOANALYTIC PSYCHOTHERAPY" (PA "UAPP"),
  - INTERNATIONAL INSTITUTE FOR TRAUMA STUDIES.

### **PROGRAM COMMITTEE**

- TABACHNIKOV Stanislav Doctor of Medical Sciences, professor, honored doctor of Ukraine; the president of the PA "APPU", the president and academician of the PA "NAS for HE of Ukraine" and the PA "IAES", Doctor Honoris causa of the Institut culturel de Solenzara – the head of the Program Committee.
- CHABAN Oleg Doctor of Medical Sciences, professor, first vice-president of the PA "APPU" for personnel training, academician of the PA "NAS for HE of Ukraine", director of the Scientific Research Institute for Psychology of the National Medical University named after O.O. Bogomolets, president of the All-Ukrainian Association for Psychosomatic Medicine.
- GICHUN Vyacheslav Doctor of Medical Sciences, professor, vice-president of PA "APPU" for public relations, academician of PA "NAS for HE of Ukraine", academician and head of the scientific specialist division of mental health care of PA "IAES".
- GRYNEVICH Evgenia Doctor of Medical Sciences, professor, vice-president of the PA "APPU" for relations with state institutions, academician and vice-president of the PA "NAS for HE of Ukraine", professor of the Department of General, Child, Forensic Psychiatry and Narcology of the National University of Health Care of Ukraine named after P.L. Shupyk.
- IVNYEV Borys, Doctor of Medical Sciences, Professor, Vice President of PA "APPU" for International Relations, Academician of PA "NAS for HE of Ukraine" and PA "IAES", rector of Kyiv Medical University.
- KOZHINA Hanna Doctor of Medical Sciences, professor, head of the Department of Psychiatry, Narcology, Medical Psychology and Social work of the Kharkiv National Medical University, academician-secretary of the scientific department of mental health of the National Academy of Sciences of Ukraine.
- LEVIN Taras first vice-president of the PA "APPU" for organizational issues, secondyear postgraduate student of the Department of General, Child, Forensic Psychiatry and Narcology of the National University of Health Care of Ukraine named after P.L. Shupyk.
- MARKOVA Marianna Doctor of Medical Sciences, professor, academician of the PA "NAS for HE of Ukraine" and the PA "IAES", head of the Department of Sexology, Psychotherapy and Medical Psychology of the Kharkiv National Medical University.
- MARUTA Nataliya Doctor of Medical Sciences, professor, vice-president of the PA "APPU" for scientific research, academician of the PA "NAS for HE of Ukraine", president of the PA "Association of Neurologists, Psychiatrists and Narcologists of Ukraine", deputy director for scientific work of the Institute of Neurology, Psychiatry and Narcology of the National Academy of Sciences of Ukraine".
- OSUKHOVSKA Olena Doctor of Medical Sciences, professor, academician of the PA "NAS for HE of Ukraine", and the PA "IAES", head of the Control and Audit Commission of the PA "IAES" and the PA "APPU", leading researcher of the Institute of Forensic Psychiatry of the Department of Health Care of Ukraine.

## **ORGANIZATIONAL COMMITTEE**

- TABACHIKOV Stanislav, PA "APPU" President;
- ALBERT Kathrin, BIG board member;
- BAIGUZINA Iryna, PA "APPU" board member, chair of the Section of Integrative Analysis;
- BONDAR Olena, PA "APPU" board member, head of Khmelnitski School of Group Analysis;
- BRINCHI Marina, chair of EGATIN committee;
- CARDENAL Monica, chair of the IPA PACE committee;
- CHUKHRII Inna, PA "APPU" board member, head of Vinnitsa School of Contemporary Psychotherapy;
- CID RODRIGUEZ Maria Eugenia, EFPP President;
- FRIEDMAN Robi, training analyst and supervisor IIGA, SGAZ;
- KOMAR Tetiana, PA "APPU" board member, chair of the Section of Psychodrama;
- KRYVONIS Tamara, PA "APPU" board member, head of Vinnitsa School of Group Analysis;
- LEVIN Taras, PA "APPU" vice-president for organizational issues, chair of the Group Section, head of Kyiv School of Group Analysis;
- RATZKE-RYBAK Iryna, PA "APPU" board member, chair of the Section of Couples and Family Psychoanalytic Psychotherapy;
- SCHLAPOBERSKY John, training analyst and supervisor IGA London;
- SIGUTA Kostyantin, chair of PA "UAPP";
- YAVORSKA Inna, PA "APPU" board member, head of the Section of Child and Adolescent Psychoanalytic Psychotherapy;
- YELISYEYEV Vitaliy, PA "APPU" board member.

# WORK GROUP

- Oleksiy Berdnik translation;
- Valentina Bilokon contact person, registration, mailing;
- Iryna Frankova registration, mailing, liaison with presenters;
- Yuliia Kuzmenko certification, mailing;
- Taras Levin coordination of the work group;
- Lesia Loriashvili financial administration, contact person, mailing;
- Liliia Nemash processing of conference materials, editing, program design, certification;
- Vadim Podorozhniy zoom administration, technical support;
- Iryna Prijmachenko accounting;
- Olga Serga translation;
- Tetiana Shepel social networks, event promotion;
- Sergiy Sidorenko web master, design, event promotion;
- Anna Stembkovska translation;
- Tetiana Tovalovich processing of conference materials, mailing;
- Viktoria Volos translation.

# CERTIFICATION

Certificates and the credits indicated in them are issued in accordance with the Resolution of the Cabinet of Ministers of Ukraine dated September 29, 2023 No. 1036 "On Amendments to the Resolution of the Cabinet of Ministers of Ukraine dated July 14, 2021 No. 725 "On Approval of the Regulation on the System of Continuous Professional Development of Medical and Pharmaceutical employees.



FORMAT OF CONFERENCE EVENTS	
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Plenary panel	- during the conference you will have the opportunity to listen to 11 plenary presentations of our guest speakers from Argentina, the UK, Israel, Germany, Poland, the USA, Turkey end Ukraine – leading experts in the field of group analysis, psychoanalysis and psychodrama. The speakers on the plenary panel have extensive experience in working with mental trauma, in crisis and emergency situations, they have been actively involved in volunteer work to provide assistance to Ukrainian healthcare professionals during the war.
Discussion groups	– after the completion of each plenary panel, the processing of the material of plenary presentations will continue in several discussion groups, which will be held in parallel in separate zoom rooms. The participants of the conference, previously distributed into groups, will have the opportunity to share their impressions, exchange views, ask questions and comment on the information received at the plenary panels.
Social Dreaming Matrix	– early birds on Saturday and Sunday during the conference will have the opportunity to start the day by immersing themselves in the world of dreams. Gordon Lawrence's concept emphasizes the social aspect of dreams. It makes it possible to understand the processes that take place in certain groups, organizations and even in society as a whole, and has unconditional therapeutic value. The conductors of the SDM at the conference are Gila Ofer (Israel) and Uri Levin (Israel).
Large Analytic Group	– During the conference, you will have the opportunity to participate in three sessions of large analytic group led by Robi Friedman (Israel) and Kathrin Albert (Germany). A large analytic group is a unique opportunity to immerse yourself in the atmosphere of psychoanalytic research, open communication, exchange of professional experience, achievements, difficulties and means of overcoming them.

Sessions in parallel

- during the conference you will have the opportunity to participate in workshops, master classes and discussions, listen to presentations in the sectional part of the conference, which will be divided into several thematic parallels. Among the speakers you will encounter experienced professionals, training therapists and supervisors, as well as candidates of APPU training programs.

# CONTACTS

Conference registration and program information:

- Lesia Loriashvili email: <u>appu.ua.contact@gmail.com</u> tel.: +380 (50) 445 72 44 (Viber, Telegram)
- Iryna Frankova email: <u>appu.ua.contact@gmail.com</u> tel.: +380 (66) 744 67 32 (Viber, Telegram)

**Technical support during the conference:** 

 Vadim Podorozhniy – email: <u>greenvar@ukr.net</u> tel.: +380 (98) 702 67 27 (Viber, Telegram)

## **CONFERENCE LANGUAGES**

The official languages of the conference are Ukrainian and English

Simultaneous Ukrainian-English translation is provided