

BOOK OF ABSTRACTS

CONFERENCE OPENING



Stanislav Tabachnikov, Ukraine

Doctor of Medical Sciences, professor, honored doctor of Ukraine; the president of the PA "Association of Psychotherapists and Psychoanalysts of Ukraine" (PA "APPU"), the president and academician of the PA "NAS for HE of Ukraine" and the PA "IAES", Doctor Honoris causa of the Institut culturel de Solenzara - the head of the Program Committee.

«Reformation of education and science in the conditions of the war and the post-war period»

The revolutionary events of 2013-2014, the signing of the Association Agreement between Ukraine and the European Union, the constitutional consolidation of the course on European and Euro-Atlantic integration intensified the attention of specialists to the modernization of the educational sphere. However, the full-scale invasion of the rf against Ukraine on February 24, 2022 brought its own corrections. Thus, in the last two years, the prevalence of adaptive, neurotic, post-traumatic and somatoform disorders has increased dramatically, primarily among military personnel and those displaced from the occupied territories. Therefore, the need for psychotherapists and psychologists has also grown. In this sense, their training, retraining and continuous professional development are absolutely necessary. At the same time, there is a question of implementing the organization of the educational process, offline or mixed. Taking this into consideration, in September 2023, the PA "APPU" has become a provider (1416) and takes an active part in the continuous professional development of psychologists and psychotherapists.



Taras Levin, Ukraine

Taras Levin – psychiatrist, psychotherapist, group analyst.
Vice-president for organizational work of the PA "Association of Psychotherapists and Psychoanalysts of Ukraine" (PA "APPU"),
Head of the Group Section of the PA "APPU".
Delegate from PA "APPU" to the EFPP, Group Section.
Delegate from PA "APPU" to EGATIN, EGATIN committee member.
Training analyst and supervisor in the training program in group analysis of the PA "APPU". Co-founder and head of the Kyiv School of Group Analysis.
Psychoanalytic psychotherapist in private practice.

CONFERENCE OPENING



**Maria Eugenia Cid Rodriguez,
Spain**

Maria Eugenia Cid Rodriguez - President of the EFPP.

Clinical psychologist, University of Santiago de Compostela and Madrid. Psychoanalytic Psychotherapist, training at Red Cross Hospital in Madrid and the Tavistock Clinic in London. Psychoanalyst, Associate member of the Psychoanalytic Association of Madrid (APM-IPA). Involved with the EFPP since its foundation, as delegate and co-opted member of the board for several years.

Very actively involved in the development of the EFPP Spanish network, as member of the board and president of the Spanish Association for Psychoanalytic Psychotherapy (AEPP). Founding member, board member and training member of the Association for Psychoanalytic Psychotherapy of Madrid (AMPP).

Clinical work in private practice in Madrid.



**Marina Brinchi,
Italy**

Psychologist Psychotherapist. Group-Analyst. Chair of E.G.A.T.I.N. (European Group Analytic Training Network), Member of the Board of C.A.T.G. (Group Analytic Association) EGATIN founding Member; Trainer and Supervisor in Milan Group Analytic Psychotherapy Institute. Trainer and Supervisor in Turin Psychodrama Institute I.P.A.P. and Cochair AMP (Associazione Mediterranea di Psicodramma), IAGP and FEPTO Member.

Trainer and Supervisor in Systemic and Relational Therapy IEFCoSTRe.

Valle d'Aosta University Group Psychotherapy Contract Professor. Perugia University former Psychology Contract Professor. Former Director of Mental Public Health Service. She facilitates and leads group therapy nationally and internationally. She published articles in scientific journals and books and she is a member of Psicobiettivo magazine editorial board. Member of the National Woman Psychologist Committee (CPO CNOP) and of the EngHea Gender Medicine Association.

CONFERENCE OPENING



**Carlos Tamm,
UK**

Carlos Tamm, PhD, MD, MA, is an Adult, Child and Adolescent Psychoanalyst working mainly in private practice. He is a Fellow at the British Psychoanalytical Society (BPAS), where he also teaches and conducts seminars. He is a Training Therapist for the Association of Child Psychotherapists and for the Tavistock and Portman NHS Foundation Trust, where he supervised, tutored and lectured for many years. He has previously been a Member of the Child Analytic Training Committee (2014-2021) and of the Online Education Committee of the BPAS (2018-2021), and Chair of the Child and Adolescent Analytic Forum at the same institution. (2019-2021). He has been a Member of the Editorial Board of the Revista de Psicopatología y de Salud Mental del Niño y del Adolescente (Barcelona) since 2017 and publishes and lectures both in the UK and abroad on Primitive States of Mind, the Works of W.R. Bion, Language Development, Psychoanalysis and Literature, Infant Observation, Childhood Autism and Autistic Functioning, and the Emotional Development of Children and Adolescents. He is presently a Member of the IPA Committee PACE (Psychoanalytic Assistance in World Crises and Emergencies).



**Robi Friedman,
Israel**

Robi Friedman, PhD is a clinical psychologist, group analyst in private practice in Haifa, Israel. Lecturer and co-founder of the Israeli Institute of Group Analysis, former President of the Group Analytic Society International (GASi), Foulkes Lecturer (2018), former Chair of the Israeli Association for Group Psychotherapy, Training Analyst and Supervisor SGAZ (Seminar für Gruppenanalyse Zürich). Area of professional interests: dreams, relational pathologies, Soldier's Matrix. Together with Wamik Volkan and Lord John Alderdice, Robi co-founded the IDI (International Dialogue Initiative) project to resolve the conflict between the West and Islam.

PLENARY PANEL



John Schlapobersky (UK)

John is a graduate of the Institute of Group Analysis London where he now serves as a training analyst, teacher and supervisor. He has a history of organisational innovation and was a Founding Trustee of the Medical Foundation for Victims of Torture (now Freedom from Torture), a Founding Member of the European Group Analytic Training Institutes Network (EGATIN), and of the British Society for Couple Psychotherapists and Counsellors. He served the Group Analytic Society International as Programme Director for the 2011 Symposium, 'Cultures, Conflict and Creativity', and now works full time in the private practice he established in London: Bloomsbury Psychotherapy Practice.

He teaches internationally, and his publications include his first book, *From The Couch To The Circle: Group-Analytic Psychotherapy In Practice* (Routledge 2016) which received the Anne Alonso Award in 2017 for an outstanding contribution to psychodynamic group therapy from the American Group Psychotherapy Association. He is a Certified Group Psychotherapist with AGPA.

John is also a survivor of political atrocity from the time of his student days. At the age of 21 he was detained for political reasons by the apartheid government in South Africa, where he was born and raised. Without charge or conviction, he was interrogated through sleep deprivation, held in solitary confinement and then deported. He has dedicated decades of his working life to the development of therapeutic resources for survivors of organised violence. He worked at Freedom From Torture for some 25 years as Consultant Psychotherapist after helping to found it in 1985; and held an equivalent post at the Traumatic Stress Clinic In London.

He was honoured when Justice Albie Sachs, one of the Founders of South Africa's Truth and Reconciliation Commission and amongst the first justices appointed by Nelson Mandela to the Constitutional Court, opened the South African launch of his first book in Cape Town in 2017. His second book is a memoir: *When They Came For Me: The Hidden Diary Of An Apartheid Prisoner* (2021), introduced by Albie Sachs. It was launched in London and online on the anniversary of his detention, Friday 13th June 2021.

From the very beginning of the full-scale military invasion of the Russian Federation in Ukraine, John took a clear position of condemning the aggressive actions of the criminal Russian government, which he repeatedly stated both in the UK and during his visits to other countries, including during a recent trip to South African Republic. In addition, John provides active support to Ukrainian mental health professionals, for the second year running a weekly group of support, supervision and organizational counseling for the staff of the APPU on a voluntary basis.



PLENARY PANEL

John Schlapobersky (UK)

“Words Between Wars. The Language of Armed Conflict and Resolution”

Armed conflict is such an entrenched feature in our social relations – the relations within and between nations - that its language enters the upbringing of children who absorb its terms with seemingly natural acculturation. Through the caricatures that demean and demonise adversaries, childhood gives society its soldiers. The antagonists in the Ukrainian/Russian conflict are called khokols and orcs. Others will know them as cowboys and indians, cops and robbers, black pawns and white – they play out strategies for capitulation and conquest in every culture I’m acquainted with. All that seems to change is the medium. In recent decades children progress through consoles that take them into the adult world of conquest and killing through Star Wars and Game of Thrones.

The starting point for this enquiry begins with the language Shakespeare gives to Mark Anthony, the hero of his play Julius Caesar. It was written in 1599 at the close of the Elizabethan era. When, following the assassination, Anthony is alone with Caesar’s dead body, he reveals his intention to incite the crowd to rise against the assassins. Foreseeing violence throughout Rome he imagines Caesar's spirit joining them raging for revenge with the Goddess of Mischief by his side ‘Come hot from hell to cry 'Havoc!' and let slip the dogs of war.’

We re-visit the language of war in Bertolt Brecht’s play, ‘Mother Courage and Her Children’, written when Brecht sought refuge from the Nazis in Denmark 1939 on the threshold of WWII. The allegory is set in the 17th century when Germany alone lost half its population in the 30-Year War between Catholics and Protestants. A Recruiting Officer and his Sergeant open the play to complain about towns and villages with neither census nor weapons that – they say – will soon be rectified by a good war.

Today the dogs of war are alive in Ukraine and the Middle East. During Europe’s countless medieval wars, ‘Havoc!’ was an instruction from war leaders for their soldiers to commit mass murder, rape, pillage and plunder. The dogs of war visited Ukraine with the Russian invasion creating havoc in towns like Bucha and many others. Events of such moment took place with the Hamas invasion of Israel on 7th October 2023 and, some would argue, took place again in the counterattack on Gaza by the IDF in the months following.

We will track the language of conflict through different wars to see if we can find places for ourselves in the words between wars. W.G. Sebald provides a guide to the language of resolution. I will look to his many publications for the perspectives of a luminary struggling to take full account of our appetite for destruction whilst – at the same time – setting out the terms for a different order of relations. We will also call on other, associated authors.

References:

- Brecht, B. (1986) *Mother Courage And Her Children*. London, Methuen.
- Friedman, R. (2018) 'Beyond rejection, glory and the Soldier's Matrix: the heart of my group analysis.' *Group Analysis*. Volume 51, Issue 4.
- Fromm, E. (1997) *The Anatomy of Human Destructiveness*. London, Pimlico.
- Penna, C. (2016) 'Homo Clausus, Homo Sacer, Homines Aperti: Challenges for Group Analysis in the 21st-Century. A Response to Haim Weinberg's 40th Foulkes Lecture. *Group Analysis* 49(4).
- Sebald, W.G. (2004) *On The Natural History of Destruction*. London, Penguin.
- Sebald, W.G. (2020) *The Rings of Saturn*. New York, Vintage Classics.
- Sebald, W.G., (2023) *W.G. Sebald In Context*. Cambridge University Press.
- Schlapobersky, J. (2014) 'Resonance and Reciprocity in Dresden: A Study of Black Reciprocity in mass bombardment and counter-bombardment.' Keynote Lecture, Annual Meeting, Deutsche Gesellschaft für Gruppenanalyse und Gruppenpsychotherapie, Dresden 2014.
- Schlapobersky, J. (2017) 'Group Analysis On War And Peace': in Chapter 2 in *Bridge Over Troubled Water*, pp 19 – 50. Ed. Gila Ofer (Karnac 2017)
- Schlapobersky, J (2023) 'Terror From The Skies And Threats On The Ground: The Place of Psychotherapy In Ukraine Under Attack'. Presentation to APPU Conference, Kiev.
- Shakespeare, W. (2004) *The Tragedy of Julius Caesar*. Wordsworth Editions.
- Woodhead, L. (1999) *A Cry From The Grave: A film about the Srebrenica Massacre in Bosnia*.
- Weinberg, H. (2003) 'The Culture of the Group and Groups from Different Cultures.' *Group Analysis*, Vol 36/2.
- Weinberg, H. (2016) 'Impossible Groups that Flourish in Leaking Containers'—Challenging Group Analytic Theory? *Group Analysis*, 49/4.

PLENARY PANEL



**Kathrin Albert,
Germany**

Kathrin Albert is a psychoanalytic psychotherapist and group analyst in private practice in Berlin. Conductor of analytical small groups, large groups and social dreaming. Lecturer, training analyst and group training analyst in Berlin and Zurich. Board of the Berlin Institute for Group Analysis (BIG) since 2013.

“Group at war - war in the group”

Despite all their personal burdens, Ukrainian psychologists and doctors are forced to adapt to a different working day with extreme demands. Limits and possibilities have to be rebalanced in the face of internal and external terror. In the SANDWICH project (large group / small group / social dreaming), in which colleagues meet on an ongoing basis, we create spaces for dialogue together. How do ideas of help and support change during war? What problems and unexpected opportunities arise in the group encounters? What do outside views mean?



PLENARY PANEL

Caner Bingöl, Turkey

Caner Bingöl is a Family Physician. Psychodramatist. Jungian Analytic Psychodrama Therapist. Master in Fine Arts Therapy with Cinematography (PhD). Trauma Focused Psychotherapist. Specialist in Couple and Family Therapy. Founder and Director of Dr Ali Babaoğlu Institute of Mental Health. Former Chair of IAGP Trauma and Disaster Committee. Former Board Member of IAGP. Former Vice President of Balkan Psychodrama, Group Psychotherapy Association. Human Rights Activist of Turkish Medical Association. Trauma informed Psychotherapy Trainer in Lebanon. Trauma focused Group Psychotherapy trainer in Duhok University of Kurdistan Region of Iraq. Volunteer Psychotherapist for Refugee Trauma Support Unit of an NGO in İstanbul. Volunteer Psychotherapist for Ukrainian Childhood without War project in Antalya. Receiver of ASGPP Zerka Moreno 2020 Award; Receiver of honorable mention of Barbara Chester Award, Arizona, 2001 (Award for outstanding clinicians/practitioners who treat victims of torture, their families and communities). Receiver of APPU Honour Medal, 2023. Father of 2 beautiful Kids; Meira and David.

“Between the madness / dreams and the genius / thoughts; future lasts forever!”

Fantasia, dream, imagination, delusion, illusion, hallucination! Since Benjamin Franklin has named Anton Mesmer’s hypnosis technic as ‘animal magnetism’ in 1784 to 19th century and since Freud has been developed psychoanalysis with the intervention by his hand pressing on the patient’s forehead and repeating to the patient a memory would come out and remembering the past ‘what the patient saw and remembered’ in 1892 to Carl G. Jung’s journey to the necropolis/nekyaia with dreams and delusions, and from Ferenczi’s interpretation to compete dreaming with active imagination to Moreno’s symbol drama; Gaston Bachelard as a doctor in deed, put the rules and construct theoretical philosophical basics about dreaming and fantasias. As a result, efficiency and direct usage of intrapsychic dreaming or fantasia has been activated and become structural. Awakening/Reality on the stage is the result of that theoretic, philosophic and technologic developments and graduations.

Briefly, it is the representation and embodiment of internal mental and psychic design among the world of objects and transforming them into the active moving visions and to add a narrative for all. The year of 1895 can be called as the milestone year about development of science and art in human being’s history. Same year with the Works on Hysteria has been published by Freud and Breuer together, heralds the birth of psychoanalysis as a new discipline. With this work, Freud revealed the clinical and hypothetical basics of psychoanalysis. Even the same year, Lumière brothers reflects the first movie on the wall. The world had eyewitness to a newborn art branch, Cinema. In 1912, JL Moreno said to Freud that: “You analyze their dreams. I try to give them the courage to dream again.” In this Speech, Memory and dream, fantasia, delusion, imagination are going to be argued, researched, experienced as representation of objects, embodiment of objects and narrative process how they are mixed and about their basic dynamic ideas. At the same time, we will talk about colonial trauma and post-colonial recovery with the importance of maturation and emotional development between madness/dreams and genius/thoughts, future lasts forever!

PLENARY PANEL



**Mónica Cardenal,
Argentina**

Mónica Cardenal is a training analyst of Buenos Aires Psychoanalytical Association, former Scientific Coordinator. Child and Adolescent Psychoanalyst IPA. Associate Professor in Clinic Psychology and Infant Psychiatry Postgraduate Training at the University Institute, Italian Hospital, Buenos Aires. Coordinator of the seminar Infant Observation, taught according to Mrs Bick's method, Tavistock model, Hospital Italiano. Chair of IPA Committee on Psychoanalytic Assistance in Crises and Emergencies, PACE Consultant of IPA Committee on Child and Adolescent Psychoanalysis, COCAP Academic Advisor and Supervisor of the Work Discussion Groups in the program for street children and young refugees, in Puebla, Mexico, JUCONI Foundation.

International publications on Child Psychoanalysis, Infant Observation and its applications in community work.

Supervisor and guest lecturer in several countries on Child and Adolescent Psychoanalysis, Infant Observation Bick method and its application through the Work Discussion groups (with pediatricians, teachers, social workers, nurses, among others)

Co-editor of the: "Revista Internacional de Observación de Lactantes y sus Aplicaciones", edited by the Kamala Foundation, Buenos Aires, Compendium in Spanish of the articles that the subject edits the Tavistock Clinic (since 2000-2006). Edited by Gradiva, Peru, since 2018.

"Analysts in the line of fire. The body and the dreams"

Our work as analysts is in part to make the bodily experience communicable, through symbolic language and dreams, that to me are unconscious thoughts, following Meltzer's ideas. His epistemological model of dreams contemplates a progression of the model of the mind, from Freud to Bion, including Melanie Klein. His theory of dreams stems from the idea that these essentially constitute the function of the mind which deals with the aesthetic experience of the world where "beauty is truth, and truth is beauty". (Keats) (Meltzer, 1984) I will therefore consider different symbolic forms through which human beings try to communicate their experience with the world, even in the most catastrophic situations. I will share my work in the last two years at PACE, IPA Committee on Psychoanalytic Assistance in Crises and Emergencies, with you.

PLENARY PANEL



**Oleg Chaban,
Ukraine**

Doctor of Medical Sciences, professor, first vice-president of the PA "APPU" for personnel training, academician of the PA "NAS for HE of Ukraine", director of the Scientific Research Institute for Psychology of the National Medical University named after O.O. Bogomolets, president of the All-Ukrainian Association for Psychosomatic Medicine.

**"Ukrainian psychotherapist, secondary trauma and burnout.
Let's figure it out"**

The presentation reflects upon the peculiarities of the work of a psychotherapist in conditions of prolonged distress, the specifics of war – secondary traumatization of the therapist and his inclusion in the collective trauma, his own transformation, warnings against professional burnout.



**Robi Friedman,
Israel**

Robi Friedman, PhD is a clinical psychologist, group analyst in private practice in Haifa, Israel. Lecturer and co-founder of the Israeli Institute of Group Analysis, former President of the Group Analytic Society International (GASi), Foulkes Lecturer (2018), former Chair of the Israeli Association for Group Psychotherapy, Training Analyst and Supervisor SGAZ (Seminar für Gruppenanalyse Zürich). Area of professional interests: dreams, relational pathologies, Soldier's Matrix. Together with Wamik Volkan and Lord John Alderdice, Robi co-founded the IDI (International Dialogue Initiative) project to resolve the conflict between the West and Islam.

"Groups at war - war in groups"

How does the first known psychological accompaniment of an entire community during warfare work? A month after the start of the Russian invasion of Ukraine, APPU and I, as the representative of the IIGA, organized a group setting that is used by almost a hundred Ukrainian colleagues to this day. This framework includes a mix of small and large groups, defined as the Sandwich model, which takes place once or twice-a-month on Zoom for an entire evening.

I will talk about several aspects of the implementation process of the "sandwich model" since then: questions of leadership and how to conduct groups, unity and later splits as well as the creation of an Ukrainian identity, separated from the former Russian culture or the even Russian matrix. Additional topics are the processing of traumas and glory, as well as differences between small and large groups and the place of dreams in life.

The mix of large and small groups seems to be both supportive and informative as well as transformative.

PLENARY PANEL



**Roman Kechur,
Ukraine**

president of the Ukrainian Confederation of Psychoanalytic Psychotherapies (UCPP), head of the Secretariat of the Ukrainian Umbrella Association of Psychotherapists (UUAP), supervisor of the European Confederation of Psychoanalytic Psychotherapies (ECP) and member of the European Psychotherapy Association (EAP), head of the Department of Psychology and Psychotherapy of the Ukrainian Catholic University (UCU), Chair of the Board of the Ukrainian Psychotherapeutic University (UPU).

**“Psychoanalytic commentary on war and public figures.
Methodology and ethics”**

Unlike distant wars, close wars turn us from observers to participants. We experience strong feelings of fear, rage, and hatred. Threats from the virtual become visible. Do we still remain psychoanalysts? Can we comment on the madness in which we live and of which we are a part?



**Uri Levin,
Israel**

Uri Levin is a clinical psychologist, group analyst and organizational consultant. He is a board member of the EFPP (European Federation for Psychoanalytic Psychotherapy). He teaches at the Tel Aviv University and supervises both in individual and group settings. He works mainly at his private practice in Tel Aviv with adults, couples and adolescents.

**“Mourning, Melancholy, and Reverie:
Some Thoughts on Psychotherapy in War Times”**

War is an inherently destructive force that not only results in physical casualties but also inflicts deep wounds on the collective and individual psyches. From a psychoanalytic perspective, the experience of loss in war times extends beyond the immediate death of loved ones to encompass broader aspects of identity, security, and attachment. In the context of war, the loss of tangible or symbolic objects disrupts the intricate web of interpersonal connections. In my presentation, I will share a few ideas I have collected since October 7th, 2023, about my individual and group analytic psychotherapeutic work.

PLENARY PANEL



Gaea Logan (USA)

Gaea Logan is a British - American psychoanalytic psychotherapist, educator, training consultant and writer. She currently serves as the U.S. Executive Director of the International Institute for Trauma Studies, in Vinnytsia, Ukraine and the Public Education Chair of the Institute for Contemporary Psychoanalysis in the U.S. She is a Fellow of the American Group Psychotherapy Association and an Alumna of the Harvard Refugee Trauma/ Global Mental Health Program. Her evidence-based trauma protocol, Contemplative Based Trauma and Resiliency Training (CBTRT), has been adapted for utilization throughout the US, the Middle East, Africa, and Ukraine. In recognition of clinical excellence, social justice and international humanitarian outreach, Gaea is the 2023 recipient of the International Association for Group Psychotherapy Yaakov Naor award for Peace and Dialogue. Previous awards include the Four Corners Regional Group Psychotherapy Society for Visionary Leadership and Group Innovation (2019) and the Social Responsibility Award (2015) of the American Group Psychotherapy Association.

“Dreaming into Being: A Story of Community Psychoanalysis in Ukraine”

Social Dreaming Matrix Theory maintains that dreams are not personal but rather belong to the community and arise from the social unconscious. We dream together to understand, to solve and to heal. In a Social Dreaming Matrix group led by Dr. George Bermudez for the Ukrainian clinical community last year, I became a dreamer whose dream belonged to the “matrix.” The dream was evocative and filled with symbols - Galit Atlas and I were at the Natural History Museum in New York City.. Galit is a psychoanalyst known for her work on multigenerational trauma. She was standing above me. I was kneeling beside a large book the size of a Gutenberg Bible, with pages of parchment and papyrus. It was laid open.

On the left page were symbols and images - a labyrinth, the Staff of Aesculapius, a video clip of Ukrainian soldiers running toward a wall of fire. The page on the right side, and the remaining pages of the book were blank, as if the story had not yet been written. At the bottom of the page on the left were the words, “Do not underestimate the ordinary.” It was a big dream. I had no idea what it held for the community or for me. Yet within two weeks, the dream was beginning to formulate its own meaning.

The Ukrainian clinical community is and will be of vital importance to the nation to help heal the catastrophic wounds of war over the next many decades. The dream had asked me to reflect, imagine and be its voice. A question emerged one morning. What if we were to build a trauma studies institute within an existing PhD program in Ukraine? It could be a training center providing a certification and continuing education program for graduate students and clinicians across Ukraine - a contemporary psychoanalytic approach to communal trauma, combat trauma and psychedelic assisted psychotherapy for the treatment of depression,

PLENARY PANEL

anxiety and PTSD. I proposed the idea to key faculty, the Dean and the Rector of the State Pedagogical University in Vinnytsia, Ukraine. The proposal was accepted, the green light was given. We launched in September, 2023.

Ordinary citizens working together to create the extraordinary: building a regional and national training center and an outpatient clinic for Ukrainian families, children and combatants. This plenary is the story of the International Institute for Trauma Studies. It is a story of “Dreaming into Being” – a communal dream pointing the way for communal healing in Ukraine. Together, we are writing the story.



**Gila Ofer,
Israel**

Gila Ofer, Ph.D., is a clinical psychologist, training psychoanalyst, and group analyst. Co-founder and past President of Tel-Aviv Institute of Contemporary Psychoanalysis (TAICP) and a founding member of the Israeli Institute of Group Analysis (IIGA). Lecturer and supervisor in the Program of Psychoanalytic Psychotherapy at Tel-Aviv University and is on the faculty of TAICP and IIGA. Conveyed training in group analysis in Istanbul and Bucharest. Dr. Ofer was a board member and the past chair of the group analytic section of the European Federation of Psychoanalytic Psychotherapy (EFPP), the coordinator of Eastern European countries EFPP, and she is the editor of the EFPP Psychoanalytic Psychotherapy Review. Her work has been published in leading international journals; she has presented her work and taught in Israel, Europe, Asia, and the USA. She is the editor of the book “A Bridge over Troubled Water: Conflicts and Reconciliation in Groups and Society,” published in 2017.

"Thoughts and dreams in times of war: the social in the individual - binocular vision"

The personal and the social are interwoven at every stage of our thinking and the dream life. Society is situated at the very center of the psyche, of our mind. Thoughts and dreams manifest in both realms – the most intimate private and the social context.

The question of the relationship between psychic reality and social reality has run throughout my work; issues like gender and sexuality, tolerance and forgiveness, traumas, and more are all connected to the importance of the unconscious and psychic reality as well as to social unconscious, and remain an essential feature of the psychoanalytic approach.

This presentation is devoted to the different aspects of our thoughts and dreams during times of war: – the personal and the social. I will endeavor to show that this is not a case of either/or, but complementary and enriching dimensions, which may be construed as figure/ground or what Bion referred to as ‘reversible perspective’ or ‘binocular vision’ (Bion, 1970). These dimensions also parallel, in a way, the different dimensions mentioned by Foulkes- the macrosphere, the microsphere, and the autocosmos (Foulkes, 1984).

PLENARY PANEL



**Anna Zajenkowska,
Poland**

Anna Zajenkowska, PhD, is an associate professor at the University of Economics and Human Sciences in Warsaw. With her training as a group analyst, she serves as the head of the group section and a board member of the European Federation for Psychoanalytic Psychotherapy (EFPP). Anna works in a clinic as the head of the Centre for Difficulties and Personality Disorders, conducting individual and group psychoanalytic psychotherapy.

She combines her clinical and scientific experience and is one of the founders and main organizers of the “Poland on the Couch” Project. This initiative, originated by group analysts, aims to create a safe space for conversation, serving as the foundation of social life. The project includes reflective citizens’ workshops and publications, providing representatives from diverse environments an opportunity to contemplate and reflect upon social processes. These workshops have been held in various Polish cities since 2014 and continue to be ongoing. Alongside this activity she is a scholar and a member of International Dialogue Initiative. For more information about Anna’s activities, you can visit her website at healab.pl. She can also be contacted via email at zajenkowska@gmail.com.

“Journey from Dreams to Separation: Painful Path to Maturity”

Inspired by Charlotte Beradt's dream analysis during the Third Reich and guided by Vamik Volkan's Non-Sameness Principle, I aim to uncover the psychological impact of war on the Polish collective mindset. First, this presentation explores how Poles initially responded to the Russian attack on Ukraine by examining the dreams of 90 individuals during the geopolitical turmoil in March 2022. Our analysis identified intense emotions—surprise, fear, and sadness—in these dreams, reflecting the profound psychological impact of the war on the Polish dream landscape. Secondly, this emotional response is worth analyzing in light of societal changes in Poland over the last eight years, marked by an "unconscious" alignment with authoritarian tendencies. The outbreak of war triggered, in my opinion, a shift, leading to a rejection of authoritarian inclinations and an intense refusal to associate with the perceived enemy, Russia—a very painful separation process from a hostile and violent figure with no(?) ability to love.

Examining dreams as a reflective space, I suggest that emotional themes in dreams may have contributed to societal regression, making any association with Russian politics unacceptable. On 12.12.2023, a new, pluralistic yet cohesive government emerged, symbolizing a departure from past affiliations with the narrative, 'We are nothing like our enemies and we do not seek revenge.'

SESSIONS IN PARALLEL



**Iryna Baiguzina,
Ukraine**

Head of the Section of integrative analysis, pre- and perinatal psychoanalytic psychotherapy of the PA "APPU", head of the medical and psychological department center of M.I. Pyrogov Vinnitsa National Medical University. Iryna practices in the following areas: integrative analysis, group analysis, body-oriented dance-movement therapy, pre- and perinatal psychotherapy, individual psychoanalytic psychotherapy, transpersonal therapy.

"Thoughts about the split between science and spirituality, and dreams about overcoming it"

The topic of Consciousness still causes endless debates, which attract researchers from many fields of human knowledge and experience. The presentation proposes an approach to the study of Consciousness as the fundamental condition of the existence of the Universe and Life, referring to the four of our inner gifts: "the gift of the Philosopher" - intellect, the "gift of the Scientist" - sensory perception and methodology, the "Shaman's gift" - knowledge acquired through body-energy sensations and contact with bodily memory and the "gift of the Mystic" - direct spiritual experience. On the path of our research, a reliable guide will be the powerful field of modern science such as quantum physics and, in particular, holographic theory.

SESSIONS IN PARALLEL



**Tetiana Chernihovtseva,
Ukraine**

A psychologist in private practice at the psychological center "Create your own world", works in the psychodynamic direction. Member of the PA "APPU", trainee of the training program in group analysis of the Group Psychoanalytic Psychotherapy Section of the PA "APPU".

"Games inside war. What are they about?"

These are reflections about the game of future adults inside war. What is it about? Will they still 'play' it as adults? How do children live in war? Perhaps, the dialogues of participants that are echoing in group, the plots of their games, and dynamics, feelings, observations, and shared reflections may help find answers...



**Inna Chukhrii,
Ukraine**

psychologist, Doctor of Psychological Sciences, professor of the Department of Psychology and Social Work at Mykhailo Kotsiubynskyi Vinnytsia State Pedagogical University. Group analyst, child and adolescent psychoanalyst. PA "APPU" board member, head of Vinnitsa School of Contemporary Psychotherapy.

"Recovery in the midst of multiple losses"

Every morning at 9.00, the whole of Ukraine stops. It is the time to honor the memory of the fallen soldiers and civilians. Each new day begins with a blessed memory, sadness and pain. The morning is especially difficult for families who have lost their loved ones. It is very important for psychologists and psychotherapists to help families, who have lost their loved ones, on their way to recovery, to share their pain and sorrow, and to be there for them. To be there on the path to recovery and life with a blessed memory in their hearts.

SESSIONS IN PARALLEL



**Iryna Frankova,
Ukraine**

M.D., PhD, Assistant at the Department of Medical Psychology, Psychosomatic Medicine and Psychotherapy of Bogomolets National Medical University (BNMU), Kyiv, Ukraine. Chair of Traumatic Stress Network, European college of Neuropsychopharmacology. Group analyst. Membership Secretary of the PA "APPU". Training analyst in the training program on group analysis of the PA "APPU" Group Section. Co-founder of the Kyiv School of Group Analysis.

"Continuous war related stress and moral injury: challenges for the processing"

War brings inevitable changes, losses, uncertainty and unpredictability. Approaches to psychological support rely on restoring a sense of security, reintegration into networks of communication and connectedness with others, restoring a sense of self-control and self-efficacy, and fostering hope. However, the continuous war stress evokes a sense of psychological "embitterment," a mixture of exhaustion, helplessness, rage, and a sense of betrayal. Someone may feel betrayed by the leadership or the state as a whole. Moral injury, another type of psychological consequences of war, especially participation in combat, when a person commits actions, or is unable to prevent actions that contradict his or her moral values. What is the role of moral injury in working with psychological trauma? What are the approaches to measure the level of continuous stress and moral injury? The answers to these questions will be considered in the presentation.

SESSIONS IN PARALLEL



**Borys Ivnyev,
Ukraine**

doctor of medical sciences, professor, rector of Kyiv Medical University. Vice-president of the PA "APPU" for international relations, head of the Section of Hypno-suggestive Psychotherapy. Academician and member of the presidium of the PA "NAS for HE of Ukraine" and the PA "IAES". Member of the European Society of Neurosciences, International Association of Alzheimer's Disease, Ukrainian Physiological Society, European Society of Hypnosis in Psychotherapy and Medicine (Ukrainian representative), as well as a member of the International Society of Hypnosis (ISH). Author of 5 scientific monographs, 3 textbooks for students of higher medical institutions, 235 scientific articles on neurophysiology, psychiatry and organization of the educational process in a higher medical school, and 6 patents. A member of the editorial boards of scientific and practical journals like "International Psychiatric, Psychotherapeutic and Psychoanalytic Journal", "Ophthalmology".

**"Using clinical hypnosis to stabilize the emotional state
and build tolerance to stressful influences"**

The report summarizes the experience of APPU cooperation with the European Society of Hypnosis in Medicine and Psychotherapy (ESH) and the International Society of Hypnosis (ISH) and provides theoretical justification and practical recommendations for the use of clinical hypnosis and self-hypnosis under stress.



**Iryna Khomyshyn,
Ukraine**

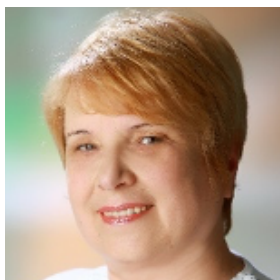
Medical doctor, health care professional specializing in neurology, psychiatry and reflexology. Place of work: Clinical hospital "Psychiatry" of the KMR, LLC "City Doctor" Member of the PA "APPU".

Experience in Jungian sand and art therapy, Balint groups, integrative analysis, supervision groups. Trainee in the training program on group analysis of the PA "APPU" Group Section.

"Conversation on the river bank. Fellow - Stranger - Other"

Various conversations take place on the banks of the river of life. One of them provides an opportunity to explore who is "alien", "other", "fellow" with the help of theoretical and practical material and acquired experience. This topic is relevant in the light of recent years for Ukraine (invasion / attack of Russia on the territory of Ukraine - February 20, 2014, full-scale invasion - February 24, 2022 and until now) and for other countries where military conflicts have started or are starting. We can try to investigate the cause of such conflicts in the light of psychoanalysis, history and archetypes, and their meaning. It seems that this topic needs to be talked about.

SESSIONS IN PARALLEL



**Tetiana Komar,
Ukraine**

candidate of psychological sciences, associate professor of the Department of Psychology and Social Work of Vinnytsia State Pedagogical University named after Mykhailo Kotsyubynskyi, head of the PA “APPU” Psychodrama Section.

"Restoring soul and body"

The presentation offers a psychological analysis of the retreat, which was held for parents of fallen soldiers. The presentation reveals the organizational moments of the retreat, analyzes the factors of maladjustment in grieving parents, reveals psychotherapeutic methods of work to restore the will to live on.



**Taras Levin,
Ukraine**

Taras Levin – psychiatrist, psychotherapist, group analyst. Vice-president for organizational work of the PA “APPU”, Head of the Group Section of the PA “APPU”. Delegate from PA “APPU” to the EFPP, Group Section. Delegate from PA “APPU” to EGATIN, EGATIN committee member. Training analyst and supervisor in the training program on group analysis of the PA “APPU”. Co-founder and head of the Kyiv School of Group Analysis. Psychoanalytic psychotherapist in private practice.

"Poor evil people"

The report presents some observations of the dynamics of destructive affects and aggressiveness in groups, based on group analytic practice during the wartime period.

SESSIONS IN PARALLEL



**Lesia Loriashvili,
Ukraine**

Psychologist, group analyst, psychoanalytic psychotherapist, Management Secretary of the PA "APPU". Training analyst in the training program on group analysis of the PA "APPU" Group Section. Co-founder of the Kyiv School of Group Analysis. Head of the Psychotherapy Centre PSYCLE.

"Loss of a neutral position of a psychotherapist in the face of collective trauma and grief of war"

We live not only in our childhood individual past but also in our social, historical, political and economic past. The way people experience current crises depends on the way they have experienced previous crises. Can a psychotherapist maintain a position of neutrality in work during a war and will it remain a therapeutic factor for the patient?



**Lilia Nemash,
Ukraine**

Psychologist, assistant of the Department of Psychology and Social Work at Mykhailo Kotsiubynskyi Vinnytsia State Pedagogical University, deputy head of the Psychodrama Section of the PA "APPU", trainer of the Vinnytsia School of Contemporary Psychotherapy. A psychotherapist practicing in the method of symbol drama.

"Wounded identity"

Plan of the presentation: 1. Identity as a category. 2. An example of working with families of veterans in a pilot project to approve the Standard for the provision of psychosocial services to veterans and their family members. 3. Peculiarities of the work and experience of the psychologist's own professional identity while working at the interface of psychotherapy, psychology and social work.

SESSIONS IN PARALLEL



**Ruslana Rudenko,
Ukraine**

training analyst and supervisor of the Odesa Psychoanalytic Society. Lecturer at the Odesa Psychoanalytic Institute (OPI). A member of the PA "APPU", a delegate from the PA "APPU" in the section of Psychoanalytic Psychotherapy for Couples and Families EFPP. Member of the Professional Association of Child Analytical Psychologists (PACAP). Member of the NPA EFPA (Division of Psychoanalytic Psychology and Psychotherapy). Specializes in working with children, adolescents and adults in the areas of non-directive game psychotherapy, psychodynamic and analytical therapy (individual, couple and family), psychological counseling, trauma therapy, Jungian sand therapy.

"Life in prolonged stress.

Effective methods of trauma stabilization and self-help"

You can survive in prolonged stress, and you can improve the quality of life with the use of simple and effective techniques to help yourself and your patients, colleagues and loved ones.



**Elizaveta Usach,
Ukraine**

Leading specialist of the Section of Integrative Analysis, Pre- and Perinatal Psychoanalytic Psychotherapy of the PA "APPU", head of the educational and psychotherapeutic center "Presenza" (Vinnytsia). I work in the following areas: transpersonal therapy, group psychotherapy, family psychoanalytic psychotherapy, Jungian sand and art therapy, conducting Balint groups.

"Imagine" - a world without distortions - a state of expanded consciousness

"All emotional disorders have a common basis. All these are different forms of distortion of love" (K. Naranho - an outstanding researcher, psychiatrist, psychotherapist who integrated the spiritual component into the psychotherapeutic process).

Inhalation / exhalation, ancestral liana, psychedelic-assisted therapy and other consciousness-expanding practices are our way of returning to ourselves, healing the soul and traumatic experience, returning love to ourselves and in ourselves. This is a difficult, but very important road, on which two main milestones merge into one - love and spirituality, which leads us to inevitable healing.

SESSIONS IN PARALLEL



**Inna Yavorska,
Ukraine**

Psychoanalytic psychotherapist, head of the section of child and adolescent psychoanalytic psychotherapy of the PA "APPU", head of the Center for Psycho-Social Development "Amadea".

"Theory of generations"

Every 20-25 years there is a change of generations in the world.

People in the middle of one generation are united by common values, vision of the world, habits and peculiarities of behavior. The conflict of generations - why does it happen and how should we understand each other? A topic that has been studied for many years by outstanding specialists. What affects our differences and what unites us?



**Larisa Yenko,
Ukraine**

Clinical psychologist, psychoanalytic psychotherapist, supervisor of individual and group psychoanalytic therapy of UUAP and UCPP; training psychotherapist and supervisor of the Association of Psychologists of Ukraine, member of IARPP, candidate of IPA.

"Discontents in culture from the perspective of neurosis and trauma inflicted by war"

The difference between the socio-cultural needs of neurosis and trauma is considered. Abandoning individuality in favor of processing losses during the war. A place of magical thinking and religious belief as a pillar of modern warring society.

LARGE ANALYTIC GROUP CONDUCTORS



Robi Friedman, Israel

Robi Friedman, PhD is a clinical psychologist, group analyst in private practice in Haifa, Israel. Lecturer and co-founder of the Israeli Institute of Group Analysis, former President of the Group Analytic Society International (GASi), Foulkes Lecturer (2018), former Chair of the Israeli Association for Group Psychotherapy, Training Analyst and Supervisor SGAZ (Seminar für Gruppenanalyse Zürich). Area of professional interests: dreams, relational pathologies, Soldier's Matrix. Together with Wamik Volkan and Lord John Alderdice, Robi co-founded the IDI (International Dialogue Initiative) project to resolve the conflict between the West and Islam.

**Kathrin Albert,
Germany**



Kathrin Albert is a psychoanalytic psychotherapist and group analyst in private practice in Berlin. Conductor of analytical small groups, large groups and social dreaming. Lecturer, training analyst and group training analyst in Berlin and Zurich. Board of the Berlin Institute for Group Analysis (BIG) since 2013.

CONDUCTORS OF SOCIAL DREAMING MATRIX



**Gila Ofer,
Israel**

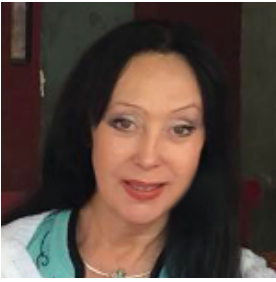
Gila Ofer, Ph.D., is a clinical psychologist, training psychoanalyst, and group analyst. Co-founder and past President of Tel-Aviv Institute of Contemporary Psychoanalysis (TAICP) and a founding member of the Israeli Institute of Group Analysis (IIGA). Lecturer and supervisor in the Program of Psychoanalytic Psychotherapy at Tel-Aviv University and is on the faculty of TAICP and IIGA. Conveyed training in group analysis in Istanbul and Bucharest. Dr. Ofer was a board member and the past chair of the group analytic section of the European Federation of Psychoanalytic Psychotherapy (EFPP), the coordinator of Eastern European countries EFPP, and she is the editor of the EFPP Psychoanalytic Psychotherapy Review. Her work has been published in leading international journals; she has presented her work and taught in Israel, Europe, Asia, and the USA. She is the editor of the book “A Bridge over Troubled Water: Conflicts and Reconciliation in Groups and Society,” published in 2017.



**Uri Levin,
Israel**

Uri Levin is a clinical psychologist, group analyst and organizational consultant. He is a board member of the EFPP (European Federation for Psychoanalytic Psychotherapy). He teaches at the Tel Aviv University and supervises both in individual and group settings. He works mainly at his private practice in Tel Aviv with adults, couples and adolescents.

DISCUSSION GROUP CONDUCTORS



**Iryna Baiguzina,
Ukraine**

Head of the Section of integrative analysis, pre- and perinatal psychoanalytic psychotherapy of the PA “APPU”, head of the medical and psychological department center of M.I. Pyrogov Vinnitsa National Medical University. Iryna practices in the following areas: integrative analysis, group analysis, body-oriented dance-movement therapy, pre- and perinatal psychotherapy, individual psychoanalytic psychotherapy, transpersonal therapy.



**Olena Bondar,
Ukraine**

Psychologist, psychotherapist, group analyst. PA “APPU” board member, head of the Khmelnytskyi branch of the APPU Group Section. Training-analyst and supervisor in the training program on group analysis of the PA “APPU” Group Section. Head of the PROFI TRAINING STUDIO center.



**Sergiy Korzh,
Ukraine**

PhD, psychiatrist of the highest category, psychotherapist, group analyst. Training analyst and supervisor in the training program on group analysis of the PA “APPU” Group Section. Member of the Council of the PA “APPU” Group Section. Works at the medical center “Odvismed”, Khmelnytskyi.

DISCUSSION GROUP CONDUCTORS



**Tamara Kryvonis,
Ukraine**

Doctor of Medicine, Associate Professor of the Department of Psychiatry, Narcology, General and Medical Psychology, Faculty of Postgraduate Education of Vinnytsia National Medical University named after M.I. Pirogov, psychiatrist of the highest category, psychotherapist. PA "APPU" board member, head of the Vinnytsia School of Group Analysis. Training analyst and supervisor in the training program on group analysis of the PA "APPU" Group Section. Member of GASI, UPO.



**Egle Pauziene,
Lithuania**

Clinical psychologist, psychotherapist, group analyst.

Working as psychodynamic psychotherapist in private practice and GA supervisor. Former teacher in the training programs of Group Analysis and Individual Psychoanalytic Psychotherapy at Vilnius University.

Currently a president of Lithuanian Group Analytic Society and GA training board member. Since 2013 delegate of EGATIN and now a member of EGATIN Committee.

DISCUSSION GROUP CONDUCTORS



**Iryna Ratzke-Rybak,
Ukraine**

Psychologist, supervisor, training analyst, group analyst, couple and family psychotherapist.
PA "APPU" board member, head of the Section of Psychoanalytic Psychotherapy of Couples and Families of the PA "APPU".

Delegate to EFPP from PA "APPU" in the Section of couples and family psychotherapy.

A full member of GASI.

Guest lecturer at Evangelisches Bildungswerk Regensburg.

Certified Mental Health Master Trainer, specializing in trauma psychotherapy and PTSD treatment.

Community Stress Prevention Center מרכז משאבים

Founder of the Khmelnytsky School of Psychotherapy.

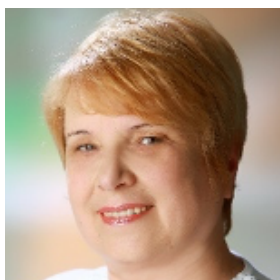
Private practice and head of the Creative Laboratory "Lebenskompetenzen", Regensburg.



**Iryna Frankova,
Ukraine**

M.D., PhD, Assistant at the Department of Medical Psychology, Psychosomatic Medicine and Psychotherapy of Bogomolets National Medical University (BNMU), Kyiv, Ukraine.
Chair of Traumatic Stress Network, European college of Neuropsychopharmacology.
Group analyst. Membership Secretary of the PA "APPU". Training analyst in the training program on group analysis of the PA "APPU" Group Section. Co-founder of the Kyiv School of Group Analysis.

PLENARY PANEL CHAIRS



**Tetiana Komar,
Ukraine**

candidate of psychological sciences, associate professor of the Department of Psychology and Social Work of Vinnytsia State Pedagogical University named after Mykhailo Kotsyubynskyi, head of the PA “APPU” Psychodrama Section.



**Taras Levin,
Ukraine**

psychiatrist, psychotherapist, group analyst. Vice-president for organizational work of the PA “Association of Psychotherapists and Psychoanalysts of Ukraine” (PA “APPU”), Head of the Group Section of the PA “APPU”. Delegate from PA “APPU” to the EFPP, Group Section. Delegate from PA “APPU” to EGATIN, EGATIN committee member. Training analyst and supervisor in the training program on group analysis of the PA “APPU” Group Section. Co-founder and head of the Kyiv School of Group Analysis. Psychoanalytic psychotherapist in private practice.



**Lesia Loriahvili,
Ukraine**

Psychologist, group analyst, psychoanalytic psychotherapist, Management Secretary of the PA “APPU”. Training analyst in the training program on group analysis of the PA “APPU” Group Section. Co-founder of the Kyiv School of Group Analysis. Head of the Psychotherapy Centre PSYCLE.

PLENARY PANEL CHAIRS



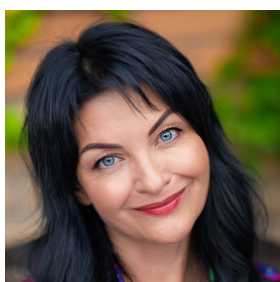
**Iryna Frankova,
Ukraine**

M.D., PhD, Assistant at the Department of Medical Psychology, Psychosomatic Medicine and Psychotherapy of Bogomolets National Medical University (BNMU), Kyiv, Ukraine. Chair of Traumatic Stress Network, European college of Neuropsychopharmacology. Group analyst. Membership Secretary of the PA "APPU". Training analyst in the training program on group analysis of the PA "APPU" Group Section. Co-founder of the Kyiv School of Group Analysis.



**Inna Chuhriy,
Ukraine**

psychologist, Doctor of Psychological Sciences, professor of the Department of Psychology and Social Work at Mykhailo Kotsiubynskyi Vinnytsia State Pedagogical University. Group analyst, child and adolescent psychoanalyst. PA "APPU" board member, head of Vinnitsa School of Contemporary Psychotherapy.



**Inna Yavorska,
Ukraine**

Psychoanalytic psychotherapist, head of the section of child and adolescent psychoanalytic psychotherapy of the PA "APPU", head of the Center for Psycho-Social Development "Amadea".